



SUBJECT BLUEPRINT

Subject Title:
Acupuncture Meridians

Subject Code:
Course C

SECTION 1 – GENERAL INFORMATION

- **Total Course Duration:** 270 hours
- **Delivery Mode:** Online
- **Pre-requisites:** Completed Course A and Course B

SECTION 2 – SUBJECT CONTENT

Chapters	Content
8	Section 1 The Lung Meridian <ul style="list-style-type: none">• Meaning, Composition and acupoints
	Section 2 The Large Intestine Meridian <ul style="list-style-type: none">• Meaning, Composition and acupoints
	Section 3 The Stomach Meridian <ul style="list-style-type: none">• Meaning, Composition and acupoints
	Section 4 The Spleen Meridian <ul style="list-style-type: none">• Meaning, Composition and acupoints



	<p>Section 5</p> <p>The Heart Meridian</p> <ul style="list-style-type: none"> • Meaning, Composition and acupoints
	<p>Section 6</p> <p>The Small Intestine Meridian</p> <ul style="list-style-type: none"> • Meaning, Composition and acupoints
	<p>Section 7</p> <p>The Bladder Meridian</p> <ul style="list-style-type: none"> • Meaning, Composition and acupoints
	<p>Section 8</p> <p>The Kidney Meridian</p> <ul style="list-style-type: none"> • Meaning, Composition and acupoints
	<p>Section 9</p> <p>The Pericardium Meridian</p> <ul style="list-style-type: none"> • Meaning, Composition and acupoints
	<p>Section 10</p> <p>The Triple Energizer Meridian</p> <ul style="list-style-type: none"> • Meaning, Composition and acupoints
	<p>Section 11</p> <p>The Gall Bladder Meridian</p> <ul style="list-style-type: none"> • Meaning, Composition and acupoints
	<p>Section 12</p> <p>The Liver Meridian</p> <ul style="list-style-type: none"> • Meaning, Composition and acupoints
	<p>Section 13</p> <p>The Ren Meridian</p> <ul style="list-style-type: none"> • Meaning, Composition and acupoints
	<p>Section 14</p> <p>The Du Meridian</p> <ul style="list-style-type: none"> • Meaning, Composition and acupoints
9	<p>Section 1</p> <p>Acupuncture Needles & Risks</p> <ul style="list-style-type: none"> • Types of acupuncture needles, methods of needling, risks involved
	<p>Section 2</p> <p>Moxibustion</p> <ul style="list-style-type: none"> • Theory, classification, application



SECTION 3 – ASSESSMENT

Type	Chapters Assessed	Exam Due after	Pass Percentage
Course C exam (Mid) Multiple Choice Questions	8	Chapter 8	70 %
Course C exam (Final) Multiple Choice Questions	9	Chapter 9	70 %

SECTION 4 – PRESCRIBED READINGS

- Essential of Chinese Acupuncture (Foreign Languages Press, Beijing).
- Chinese Acupuncture and Moxibustion: Cheng Xinnog (Foreign Languages Press, Beijing).
- Foundation of Chinese Medicine: Giovanni Maciocia.
- Deadman, P., Al-Khafaji, M., & Baker, K. A manual of acupuncture (2nd Ed.). Journal of Chinese Medicine Publications.
- Summers, J., & Smith, B. (2014). Communication skills handbook. John Wiley & Sons Australia Ltd.
- Campbell, J. Acupuncture channels and points: An interactive study and reference manual. Churchill Livingstone.